

MOORLEIGH MESSENGER



MOORLEIGH
UNIVERSITY OF THE THIRD AGE

Messenger 2101

January 2021

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Presidential Ponders,

Hello everybody & welcome to 2021.

Personally 2021 couldn't come fast enough although there are occasions when I have thought back to the lockdown with a bit of nostalgia.

I hope you all had a great festive season & are now re-invigorated & ready to engage with the people & classes of U3A Moorleigh. I also hope that some of you have considered doing some volunteering & even joining the committee?

We are about to launch into the February program & even though most of it will be via Zoom, I think we have put together a number of interesting sessions for you to consider. If you are wary of using Zoom, please book a lesson for the 3rd February 2021 or invite a friend who has had some experience to join you (they need not be a current member) It really is pretty easy.

Thanks to Malcolm Hannan-Smith for his help in putting February class details on our website (see address above). Those with email addresses should have received both a mini & a December 'Messenger'. If you have not please check your junk mail or advise the office of your new email address from 18th January (09.30-12.00)

Ciao Erika Fleming.

Important Dates January & February 2021

Jan 20th Enrol for February classes

Feb 1st Some regular classes start.

Jan 20th Phone to book Zoom tutorial

Feb 3rd Zoom tutorial

Jan 26th **Closed** Australia Day.

Feb 15th - 26th Summer School

Mid February we will finalise & enrol the regular class schedule for the year.

Observe the current government guidelines re COVID - things are changing.

Changes to Summer School Schedule.

Some of the information in December's Messenger was wrong & also very confusing !

It was difficult to read the Summer School program because the Zoom classes & the U3A in-person classes were shown separately. We've also had class changes. We are sorry about these errors & hope that the following schedule is easier to follow & won't change. Hopefully the format below will make things easier. Remember **RED text for Zoom class** & **BLACK text** for U3A on site classes. Thank you.

SUMMER SCHOOL - February 2021

Wed 3rd Feb Zoom tutorial (phone & book a time on 20th Jan)

This class will be held via Zoom so you will need access to a desk computer, ipad or smartphone. When you book your session on 20th January, you will be asked to confirm your email details & be assigned a time. The tutor Michael Bonacci, will email you prior to 3rd February with simple instructions on how to connect with him before the start of the lesson.

Mon 15th Feb 'Doing Business Online' 10am via Zoom.

Tue 16th Feb 'Downsizing & Decluttering' 10am via Zoom.

Thu 18th Feb 'Write & Publish a children's Book' 10am via Zoom

Mon 22nd Feb 'Nursing in London in the 1970's 10am via Zoom.

Tues 23rd Feb 'Talk by Office of the Public Advocate' 10am via Zoom

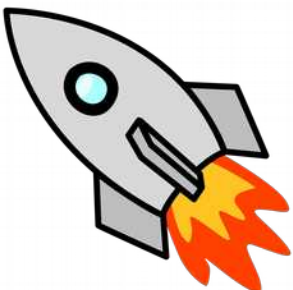
Wed 24th Feb 'The end of the Yugoslavian Monarchy' 10am via Zoom

Thur 25th Feb 'Opera Adventures' 10am via Zoom.

Please remember that if you are coming to U3A, you must enter the Barry Neve wing to be Covid checked & signed in. Outdoor class members need not wear a mask but please bring one with you. [This may change due to the recent re-occurrence of Covid cases.](#)

Summer School Safety.

If you decide to attend one of our outdoor or gym classes, please be prepared for the heat. Your tutor will find a shady spot or use the gym but we all know how hot February can be. Please wear a hat, use sunblock & maintain your fluid intake; bring some water with you (refer to our Covid safe policy in December's Messenger). If you feel dizzy, find some shade, sit down & drink some water; tell a class member what has happened. Remember to be checked for your Covid status in the Barry Neve wing prior to attending any class. The 1.5 m social distance rule & hand hygiene must be continued but outside, you need not wear a mask but bring one with you (the rules may change). Try out a Zoom class where you can remain at home in the cool.



<<<<< ZOOM <> ZOOM >>>>>

Since the lockdown many of you will have used Zoom to continue 'seeing' people & having meetings. No need to find a parking spot or change out of your slippers! Using any device, even your smartphone, you are able to join a Zoom class. If you plan to attend regular Zoom meetings it will be quicker if you download the Zoom app (free via your search engine or app store). Once

enrolled you will receive notification from the class tutor giving you all the details you need to join the class. You will see a [link written in blue text; just click on this link](#) & your screen will show a 'waiting room' where you can click to 'join meeting'. If an ID number & password should be needed, this information will be on your class notification; enter the numbers into the boxes & that's all you need to do. Your screen will prompt you to 'video' so everyone at the meeting can see you. Check out your screen & depending on which device you are using, you will find 'gallery' so you can see everyone & mute/unmute for when you want to talk. Allow 10 minutes the first time you attend so you have time to play with the buttons ! Zoom is very easy if you are joining a meeting. To host a meeting is more complex so consider tuition (available on 3rd Feb). Have a look at an online site & gain confidence eg. support.zoom.us & youtube.

What exercise do sheep do online?.....Zoom-Baaaaa!

Harrison Ford is making a new film called 'Indiana Jones & the Temple of Zoom.'

Regular Classes Starting February 2021.

Some of the following classes have been running as Zoom presentations in 2020 & the tutors involved have chosen to continue their classes via Zoom on the dates shown below. Again Zoom classes are shown in **RED** By mid-February we will know what further courses will be available, either by Zoom or at U3A. Please bear in mind that we have had to reduce the number of students per class & also frequency of classes due to the Covid restrictions of distancing plus the extra classroom cleaning.

Monday: 09:45 Current Affairs via Zoom starts 01/02/21
12:00 Advanced Algebra via Zoom starts 01/02/21
2:00 Italian Parlato via Zoom starts 22/02/21
2:00 3rd Monday Book Club starts 15/02/21 (venue TBA prior to 15/02/21)

Tuesday: 10:00 Intermediate Italian via Zoom starts 09/02/21
10:00 Table Tennis in gym at U3A starts 16/02/21
11:00 Russian via Zoom starts 09/02/21
1:00 Table tennis in gym starts 16/02/21
7:30 pm Ancient Wisdom starts 02/02/21 # note time
subjects for discussion include 'Taming Emotions' 'Karma' 'Reincarnation' & 'After Death research'

Weds'day 09:45 Raccontare Italiano via Zoom starts 24/02/21
11:45 Creative Writing via Zoom starts 03/02/21
12:00 Beginners Algebra via Zoom starts 03/02/21
1:00 Tai Chi/Qi Gong on lawn or gym starts 17/02/21 (wear loose clothing)

Thursday 10:00 Cloth & Yarn via Zoom starts 04/02/21
10:00 Table Tennis in U3A gym starts 18/02/21
12:00 Needle & Thread via Zoom starts 04/02/21
1:00 Table Tennis in U3A gym starts 18/02/21
2:00 Italian for beginners via Zoom starts 11/02/21

Friday 10:00 Karaoke in the gym starts 19/02/21 (bring water bottle)

Enrollment for February classes on 20th January

On line Procedure.

Those with email will be sent a link prior to 20th Jan: Pick your class choices, '[click here to email](#)' & a designated site will register your enrollment. To keep things fair for those not on line, do NOT send your emailed choice before 10am on 20th January.; (early emails will go to the back of the queue.)

Personal Enrolment Procedure.

For those members without email you may come to Barry Neve wing from 20/01/21 after 10am and enrol and/or renew your membership. Please obey Covid guidelines & wear a mask; please leave the building once business is completed.

(Remember the cost of renewing membership is \$30 until the end of January 2021)

Class Planning.

We are still contacting former tutors to find out who is willing to come back & continue classroom teaching & who will give Zoom a try. Remember we did not have full access to the building until 7th December 2020 & now we are closed for the holidays.

By March we should know what the virus status & government guidelines will be in Victoria. We need to be mindful of the requirements of the Glen Eira council, whose goal is to ensure that we have a safe environment and a plan for when our vulnerable community returns to the building. In the February Messenger there will be more activities on offer. If you have a passion & want to run a short Zoom class let us know.

Enrollment for March classes will be held in February at a date to be advised

Happy Retirement John V.

After several years on the committee of U3A Moorleigh with the last two as president & prior to that as vice president, John van der Wyk has decided to retire from our committee. Last year was a particularly difficult year due to the lockdown & without his technical know-how, the committee would have had great difficulty organising Zoom meetings & the AGM by proxy. We will miss his presence at future meetings however he is not abandoning us completely; John will continue some tutorials & help with those tricky technical problems that make life a challenge for the rest of us! Many thanks for your hard work John & a gentle reminder to our members.....that's one more committee vacancy to be filled.



The trouble with retirement is that you never get a day off !

“You are never too old to set another goal or dream another dream”..... C.S. Lewis.

“There's never enough time to do all the nothing you want to do”Bill Waterson

Email Addresses Wanted.

Members who do not have an email address are missing out on up-to-date information. Do you have a friend or family member you see regularly & would feel comfortable asking if you can use their email address? The 'snail mail' has been very slow of late & you do not want to be disadvantaged because the post is late. Email reduces our volunteer workload of printing, folding & sticking not to mention the print & postage cost. Thank you.



AULD LANG SYNE.

The origin of Auld Lang Syne goes way back to about 1588 and is a Scottish ballad originally sung when toasting old friends. It literally translates as "old long since" meaning "days gone by". In 1788 it was finally written down by Robert 'Rabbie' Burns.

As Scots began to emigrate around the world, they took their traditions with them and the rest of the world has taken up the rousing toast to welcome in the New Year and remember old friends. Since 1939 the tune has been played on New Year's Eve in Times Square at midnight.

We wish all U3A Moorleigh members & families a very healthy, happy and safe New Year & look forward to seeing you back in class in 2021 renewing friendships.

HAPPY NEW YEAR in 2021

It's a five minute walk from my home to the pub but it takes me thirty five minutes to get back home. The difference is staggering.