



<b>Office:</b>	Moorleigh Community Village. 92 Bignell Road, Bentleigh East, 3165
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<b>Office Hours:</b>	Monday – Friday 9:30am – 12.00pm.

### PRESIDENTIAL PONDERERS

Hello Everybody,  
Well I have truly picked an 'interesting time' to put my hand up to be president! Not a chance that boredom will set in, that's for sure. Some of you may already know me as I have been the tutor of a few courses at Moorleigh. My background is in Health & Management & I fronted 'Pain Management & Over the Counter Drugs' & a great course on 'Health & Nutrition' then just to be different, did 'A History of Slavery'. I currently co-ordinate 'The Third Monday Book Club' & some of you might have seen me in reception where I volunteered once a month. In 2021 we need to think about how we can safely resume our socialisation; will it be lunch with friends, exercise at a gym or re-connecting with people at U3A? Did you know there are over 100 U3A's in Victoria & you can be a member of as many U3A's as you want, as long as you sign up & pay your fee & at Moorleigh we

have a special low associate members' fee.

When one considers who goes to U3A, we're all seniors & we tend to follow the rules & take care of our health; with our Covid management plan, U3A Moorleigh will probably be as safe a place as any venue you choose to visit. We need to abide by current council restrictions so Zoom classes & Summer school outside will help to maintain the councils' requirement for social distancing. We plan to provide a monthly Messenger newsletter so that when things change you will be kept up to date.

I wish you all a Merry Christmas & look forward to making your acquaintance in 2021.

Erika Fleming

### IMPORTANT DATES

<b>2021</b>	
<b>ENROLMENT PROCEDURE: TBA</b>	
<b>18<sup>th</sup> JANUARY-</b> Office manned by Committee M-F 9.30-12	
<b>20<sup>th</sup> JANUARY-</b> Enrolment for Feb sessions via email Or in person 10.00-12.00 at office	
<b>20<sup>th</sup> JANUARY-</b> phone & book a session to learn Zoom (30 mins, 1-on-1)	
<b>26<sup>th</sup> JANUARY-</b> AUSTRALIA DAY	
	<b>1<sup>st</sup> FEBRUARY-</b> Zoom classes- see schedule for dates Zoom tutorials & limited outside sessions begin
	<b>2<sup>ND</sup>, 3<sup>RD</sup> FEBRUARY-</b> 1-on-1 Zoom Tutorials
	<b>FEBRUARY 15<sup>th</sup> to 26<sup>th</sup></b> – Summer School on Zoom
	<b>MID FEBRUARY-</b> enrolment for face to face Classes, beginning in March
	<b>1<sup>st</sup> MARCH-</b> Zoom classes continue Face to face classes begin

# COVID SAFETY PLAN 2020/21



*The following interventions relate to U3A's management of the current pandemic.*

As the government guidelines change, so will our plan to keep members safe. We will refer to the Australian Government website for up to date recommendations. This plan is designed to keep all members safe. It is expected that each member will take personal responsibility to ensure a continued safe environment.

If you are unwell, particularly with a cough, sore throat or fever ( temperature more than 37.5C), do not attend class. See your GP & get Covid tested. If you become unwell while at U3A tell the day co-ordinator, leave the building & see your GP.

- ✚ Please use the Bignell Road entrance & obey the signage advising a social distance (1.5M). Use the hand sanitiser provided.
- ✚ Allow time to be signed-in & have your well-being (as it relates to your Covid status) monitored. Any temperature greater than 37.5C will be regarded as a fever & you will be asked to leave & see your GP.
- ✚ Please bring fluids with you as use of the kitchen area is discouraged. Taped off zones are not to be used.
- ✚ Always use the hand sanitiser provided when entering & leaving any room you use.
- ✚ Maximum room capacity is stated on the door of each room (complying with the government guidelines). Please use marked or alternate seats & desks to maintain the 1.5M social distance
- ✚ Wear a mask indoors. If you have been granted an exemption to wearing a mask, do not put yourself at risk by attending class.
- ✚ Avoid sharing equipment. Sanitise articles after use.
- ✚ Please leave the building promptly & do not loiter. Class rooms will be sanitised after use.
- ✚ All concerns will be referred to the day co-ordinator. Please comply if requested to leave & respect your fellow members. Failure to do so may result in withdrawal of your membership.
- ✚ Glen Eira council have appointed a support worker & cleaner to the Barry Neve wing to keep all visitors safe.

Nov 2020



## 2021 COMMITTEE

President: Erika Fleming  
Vice president: Marie Nailon  
Secretary: Cynthia Paciocco  
Treasurer: Don Jayanithie

### General committee:

Sue Kelaart  
Elizabeth Rankin  
Ian Kirkwood  
Rosemary Browning  
Ann Watts  
Olive Collingwood  
Pauline Clark  
Zeki Toral

### \$\$\$ FACTS and FEES for 2021 \$\$\$

The "early bird" special fee of \$30 will continue until January 31st 2021. Current members, and associate members can take advantage of this offer. From February 2021 the year's membership fee will be \$60, as approved at the AGM in October 2019. The associate members' fee will be \$35 (we need to sight your primary U3A membership).

## CONTEMPLATION

*After 30+ days of no new Covid-19 cases in Victoria, let's count our blessings.*

I am thankful for:-

The mess to clear after a family dinner ... because my family can visit & are near.

The clothes that fit a little too snug .... because I have enough to eat.

My shadow that watches over me ... because I can be out in the sunshine.

The lawn that needs mowing & the windows that need cleaning ... because I have a home.

The complaining I hear about the government ... because we have freedom of speech.

The parking spot at the back of the car park ,... because I can walk & drive.

My huge heating & cooling bills ... because I am kept warm or cool.

The lady behind me in church who sings off key ... because I can hear her.

The pile of laundry & ironing ... because I have clothes to wear.

The weariness & aching muscles at the end of the day ... because I am able to work hard.

The alarm that wakes me in the morning ... because it means I am alive.

We are blessed to be living in Australia so let us be THANKFUL.

Olive Collingwood



### Weekly ZOOM CLASSES FEB 2021

Monday: 9.45- Current affairs 1/2/21  
12.00- Advanced Algebra 1/2/21  
2.00 - Italian Parlato 22/2/21

Tuesday: 10.00- Intermediate Italian 9/2/21  
11.00- Russian 9/2/21  
12.00- French 9/2/21

Wed'day: 9.45- Raccontare Italiano 24/2/21  
11.45- Creative Writing 3/2/21  
12.00- Algebra 3/2/21

Thursday: 10.00- Cloth & Yarn 4/2/21  
12.00- Needle & Thread 4/2/21  
2.00 - Italian for Beg's 11/2/21



### ZOOM SUMMER SCHOOL- FEB 2021

**10.00-12.00**

**15/2/21- Doing Business online**

**16/2/21- Downsize & Declutter**

**17/2/21- Travel by Bike**

**18/2/21- Writing/publishing child bk**

**19/2/21- Karaoke in the foyer TBC**

**22/2/21- Nursing in London in 70's**

**23/2/21- Health topic -TBC**

**24/2/21-End of Yugoslavian Monarchy**

**25/2/21- Opera Adventures**

**16/2/21- Law (to be confirmed)**

### MOORLEIGH SUMMER SESSIONS

FEBRUARY 2021

**Beginning-**

**MON 15/2/21-2pm 3rd Monday Book Club LAWN**

**MON-1/2/21-Karaoke (TBC)**

**TUES 2/2/21- Table Tennis- old gym**

**2 sessions 10am and 1pm.**

**WED 3/2/21- Tai Chi - lawn/gym 1-3**

**THURS 4/2/21- Table Tennis**

**2 sessions 10am and 1pm**

# Membership



Remember that due to the lockout, we had NO access to the building & data base, so we are still working out a schedule for the Summer school classes which will be on Zoom. By February we will have a better idea of who is willing to tutor face-to-face & how many members can attend each room (Council/Covid restrictions). Once we have this information we will let members know what is available & how to enrol. We plan to be back to class in March when hopefully, the last of the Covid restrictions have been lifted. You will receive your invoice & name badge once enrolment is completed.

We do appreciate that, by taking out membership in advance, you are trusting us to provide a class schedule & we are working very hard to achieve this goal.

## YOUR CONTRIBUTIONS TO THE NEWSLETTER



We want your input so that the “Messenger” is more interesting, relevant & personal to you. Give us fun, give us your thoughts & experiences. We will be providing profiles of volunteers, class activities, local happenings & whatever YOU can think of. Let’s make this something to enjoy as well as inform. When we’re open in 2021, drop off your story or email now to [u3amoor@yahoo.com.au](mailto:u3amoor@yahoo.com.au)

## EMAIL ADDRESSES

Please check that your e-mail address is provided. We would like to have an email address for everyone. When applying for Associate Membership, proof of your membership at another Victorian U3A must be supplied.

## VOLUNTEERS NEEDED

Volunteers are the heart of the U3A organisation & without their help there will be no such facility. All tutors, office staff, caterers, IT people & administrators keep Moorleigh going but now we need MORE! Due to the Covid pandemic we need class monitors who will be willing to clean desks & chairs after use, in order to comply with the current Government guidelines. We hope that by March 2021 guidelines will be relaxed but we must prepare & training will be given & all products supplied. Without this extra support we will not be able to safely continue with our face to face classes. Consider this fact; volunteers gain far more than they give; the feeling of satisfaction, camaraderie & learning a new skill is hard to beat. If you are willing to help in any capacity please email [u3amoor@yahoo.com.au](mailto:u3amoor@yahoo.com.au) or leave a phone message on 9570 3929.





## Job Vacancies & Opportunities.

### WEBMASTER WANTED

Are you a creative IT wizard? Our website needs refreshing. Do you have the skills & ideas or the willingness to learn to make our website attractive? We need you! The applicant would liaise with the committee regarding content & regular updates & we would welcome your ideas. Please apply to the president Erika Fleming at [tomerika@optusnet.com.au](mailto:tomerika@optusnet.com.au) & she will contact you to discuss. Thank you.

### TREASURER WANTED

The position of treasurer is vacant & is currently being covered for the next 3 months by Don Jayanithie, who has held this vital position for several years. Do you have knowledge of MYOB or accounting (or are willing to be tutored) & can spare approximately 1 hour a week (extra time needed at the end of the financial year)? Don & Meryl can assist with the handover. The treasurer is automatically a committee member so you could also contribute to the administration of U3A Moorleigh. Please apply to the president Erika Fleming at [tomerika@optusnet.com.au](mailto:tomerika@optusnet.com.au) & she will discuss the position with you. Thank you.

### COMMITTEE MEMBERS WANTED

Do you enjoy being a member of U3A but think "Why don't they ....."? Well now is your chance to come onto the committee (monthly meetings on Friday morning at present) & be among those who make a difference. After this year in lock down, there is much to achieve. Committee members come from all backgrounds so we have a multitude of life experiences & skills. We need enthusiasm & new ideas. Please apply to the president Erika Fleming at [tomerika@optusnet.com.au](mailto:tomerika@optusnet.com.au) & she will contact you to discuss the position with you. Thank you



Glen Eira and Kingston libraries are now open. You are able to visit your local library without booking, however visitor numbers are limited & you will need to sign in & don't forget to take your mask with you.

## CHRISTMAS PUD with a difference



Do you like to keep the tradition of a spiced fruit pudding at Christmas but it's not everyone's choice on a hot day? Try a frozen version; it's easy & can be made in advance & dressed up with fresh berries to look very festive.

### FROZEN FESTIVE CHRISTMAS PUDDING

#### INGREDIENTS

2 litres of vanilla or chocolate ice cream

2 cups of mixed dried fruits

$\frac{3}{4}$  cup toasted almonds roughly chopped

2 teaspoons mixed spice

60 mls brandy

#### METHOD

Line a 6-8 litre pudding bowl with cling wrap & enough hanging over the edges.

Place dried fruits & brandy in a bowl & soak for several hours.

Allow the ice cream to soften slightly then add to the fruit mixture. Add mixed spice & nuts.

Mix all ingredients together gently then spoon into a lined bowl.

Cover the top with cling & freeze till ready to serve.



*Like many people I have put on weight during the lockdown & my doctor suggested I go to a seniors' gym. At the first class I reached & stretched, bent, twisted & jumped but by the time I had my leotard on I'd missed the class!*

#### SCAM QUIZ.

How aware are you? Take the quiz & find out on the consumer affairs website.

[www.consumer.vic.gov.au/scams](http://www.consumer.vic.gov.au/scams)

Need to report a scam? For more information check:

[www.scamwatch.gov.au/report-a-scam](http://www.scamwatch.gov.au/report-a-scam).

*Did you know Rudolph the Red-Nosed reindeer never went to school? He is completely elf taught!*

*A New Year's resolution is something that goes in one year & out the other.*

